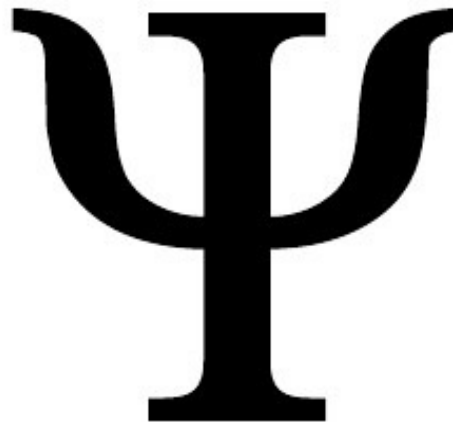


TEWKSBURY HOSPITAL
Departments of Public and Mental Health
PSYCHOLOGY SERVICES



PREDOCTORAL INTERNSHIP IN CLINICAL PSYCHOLOGY
2013-2014 Training Year
APPIC Program Number: 1339

ACCREDITED BY THE AMERICAN PSYCHOLOGICAL ASSOCIATION
Program Consultation and Accreditation
750 First Street, NE, Washington, DC 20002-4242 (202) 336-5500

**TEWKSBURY HOSPITAL
DPH MEDICAL UNITS AND HATHORNE MENTAL HEALTH UNITS
PREDOCTORAL INTERNSHIP IN CLINICAL PSYCHOLOGY**

Tewksbury Hospital's predoctoral internship in clinical psychology is accredited by the American Psychological Association. There are three, one year, full-time internship positions. One internship position is allocated full-time to the Department of Public Health (DPH) units, one internship position is allocated full-time to the Department of Mental Health (DMH) units, and one position is split equally between the DPH and the DMH units. The internship positions are open to doctoral students who have substantially completed their doctoral course work within a Clinical or Counseling Psychology program at a regionally-accredited professional school or educational institution, and for whom an internship is required to fulfill the requirements for a doctoral degree. Successful applicants also must have sufficient clinical practicum experience and must provide a verification of internship eligibility and readiness from their graduate program director.

Tewksbury Hospital is a large, multi-service, inpatient facility operated by the Massachusetts Department of Public Health. The hospital contains a 339-bed public health hospital for subacute and chronic medical diseases, acquired and traumatic brain injuries, and other neurological conditions. The hospital also includes the Hathorne Mental Health Units, a 160-bed inpatient psychiatric hospital for intermediate and long-term care and treatment of seriously and persistently mentally ill adults operated by the Department of Mental Health. Both facilities are physically located in the Thomas J. Saunders Building on the Tewksbury Hospital campus.

On the Department of Public Health medical units, clinical training activities take place on seven inpatient units. DPH Psychology Services provide a wide array of interventions for patients experiencing psychological distress and/or disorders in combination with traumatic brain injury, stroke, seizure disorders, Huntington's disease, multiple sclerosis, cerebral palsy, dementia, and other chronic neurological and physical diseases. The Hathorne Mental Health Units at Tewksbury Hospital are comprised of five DMH units, one of which is a medically-enhanced psychiatric care unit that includes adults with serious mental illness and co-occurring medical problems, as well as a Psychosocial Rehabilitation Center offering a variety of therapeutic and work programs.

In addition to psychology specific training, all Tewksbury Hospital units provide a setting for multidisciplinary collaboration with psychiatrists and other physicians, social workers, nurses, rehabilitation counselors, occupational therapists, and other professional disciplines. Integral to the training experience are the many opportunities interns have for interaction and training with staff and students of other disciplines on both the DPH and DMH service units.

Stipend: One year, Full Time: \$16,000

Stipends are paid out in weekly increments during the training year, until the stipend amount is fully dispersed. Funding does not include benefits such as vacation, sick or holiday pay, or health insurance. Stipends are funded by the Commonwealth of Massachusetts; therefore, all stipend

offers and continued funding are contingent upon appropriation, budgetary constraints, and operating needs.

PROGRAM PHILOSOPHY, MODEL AND GOALS OF PROFESSIONAL TRAINING

The primary training philosophy for Tewksbury Hospital's predoctoral internship in clinical psychology is a practitioner-scholar model. The mission of the Tewksbury Hospital internship program is to provide comprehensive training enabling interns to become professional psychologists who can function effectively as clinicians, consultants, multidisciplinary team members. Our goal is to integrate the contributions of clinical science with the reality of daily practice in a hospital-based setting.

The primary emphasis of this internship is the critical and flexible application of psychological concepts, current scientific knowledge, principles and theories to the delivery of professional psychological services. The program aims to strengthen interns' knowledge of and skills in theoretical conceptualization and clinical practice and to provide specialized training in the application of these clinical skills and knowledge with seriously medically, neurologically, and persistently mentally ill persons in an inpatient facility. Interns are guided in their understanding of their professional and civic responsibilities, as defined by legal statutes and professional ethics codes. An additional goal of the program is to facilitate the intern's transition from student to professional psychologist. The goal is achieved through the provision of clinical experiences, training, and supervision. Interns deepen their appreciation of the variability and range of human capabilities through a variety of activities, including provision of supervised diagnostic-psychological and neuropsychological assessments and a range of psychotherapies. Interns also develop an understanding of the nature of public sector health care, including the larger systems issues of funding, models and integration of services, continuity of care, and organizational communications and change. Throughout, interns are challenged to develop and exercise balanced judgment, poise, emotional maturity, interfacing and negotiation skills, as well as appropriate professional presentation and demeanor. To achieve these outcomes the following goals are emphasized:

1. To facilitate the intern's transition to becoming a professional psychologist by providing training and supervision in theory, practice, and research, utilizing the full range of skills available to the Clinical Psychologist.
2. To provide instruction and supervised practice to the intern in the social and professional responsibilities of a practitioner, including applicable legal requirements, ethical codes, and risk management approaches for contemporary practice.
3. To provide clinical experiences which will foster the development of assessment and treatment skills necessary for the stabilization, recovery and return to adaptive functioning of a severely medically and mentally ill inpatient population. Interns deepen their mastery of models of care (e.g., recovery, person-centered planning, rehabilitation), diagnostic, personality and neuropsychological assessment, behavior support plan development, multidisciplinary team consultation, and evidence-based individual and group treatments.

4. To promote awareness of multicultural issues and to integrate a variety of theoretical perspectives and approaches in the care and treatment of diverse patient populations.

DESCRIPTION OF THE INTERNSHIP PROGRAM

The overarching goal of Tewksbury Hospital's predoctoral internship in clinical psychology is to provide interns with intensive training and experience in psychological and neuropsychological assessment, diagnosis, and treatment of adults with severe and persistent medical and mental illness, utilizing a variety of theoretical perspectives and methods. There are three, one year, full-time internship positions. One internship position is allocated full-time to the Department of Public Health (DPH) units, one internship position is allocated full-time to Department of Mental Health (DMH) units, and one position is split equally between the DPH and the DMH units. Clinical responsibilities include screening evaluations, psychological and neuropsychological assessments, behavioral consultation, and individual and group psychotherapy. Interns are assigned to one or more hospital units, and actively participate as members of those units' multidisciplinary treatment teams, including providing feedback on psychological and neuropsychological assessments and consultation on behavioral and other issues as they arise. There are also opportunities to provide treatment and assessment to patients from other units.

The internship is flexible and training can be tailored to address the specific needs and interests of each intern. For example, interns who desire additional assessment experience or training in specific techniques, such as neuropsychological rehabilitation, can generally be accommodated. Likewise, opportunities are available to attend a variety of optional didactic and case presentations, both at Tewksbury Hospital and other institutions in the Boston area.

HISTORY OF THE TEWKSBURY HOSPITAL INTERNSHIP PROGRAM

The internship program at Tewksbury Hospital has been accredited for 13 years. It was originally funded by the Department of Mental Health (DMH), and internship training was predominately located on the Hathorne Mental Health Units. Beginning July 1, 1999, the internship program received funding from the Massachusetts Department of Public Health (DPH), which provided an additional 20 hours per week for one psychology intern to be allocated to the Tewksbury Hospital's medical units. This additional funding allowed a half-time internship position to be increased to a full-time position. This full-time position was divided between the medical units and the Hathorne Mental Health Units. Reflecting the dual funding sources, this intern carried an individual therapy caseload made up of patients from the DMH and DPH units of the hospital, offered group psychotherapy in both locations, and performed psychological and neuropsychological evaluations in equal parts from the DMH and DPH units. The split DMH/DPH position expanded the range of psychological services available to the Department of Public Health patients and increased the depth and scope of Health Psychology training experiences available to the intern in this position. For the 2008-2009 year, the internship consisted of one full-time and one half-time intern allocated to the DPH medical units while the Hathorne Mental Health Units had one half-time and two full-time interns. Due to a reduction in the state budget, two full-time Hathorne Mental Health Units internship positions

were eliminated in July 2009. During the 2009-2010 internship year, Tewksbury Hospital offered two internship positions: one full-time internship position allocated to the DPH medical units and one split internship position in which the intern's time is evenly divided between the DPH medical units and the Hathorne Mental Health Units. At the time, the administration of the internship program was transferred from the Hathorne Mental Health Units to the Department of Public Health Psychology Services. The other essential elements of the program remain the same. Beginning in 2010-2011 internship year, Tewksbury Hospital began to offer three full-time internship positions: one full-time position on the DPH medical units, one full-time position on the DMH psychiatric units, and one position split evenly between the DPH medical units and the DMH Hathorne Mental Health Units.

CORE CLINICAL SITES

History of Tewksbury Hospital

Tewksbury Hospital is comprised of two departments operated by two separate state agencies: the Department of Public Health (DPH) and the Department of Mental Health (DMH). Tewksbury Hospital has a long history of serving patients. It has undergone several name changes over the course of its existence. The hospital was established in 1852 and opened on May 1, 1854 as one of three state almshouses needed to help care for the unprecedented influx of immigrants and patients with tuberculosis. It also served patients with other infectious diseases as well as mentally, acutely, and chronically ill patients. In 1874 the institution was divided into three classifications: Mental Wards, Hospital, and Almshouse. During this period, rehabilitation services were also offered to persons suffering from alcoholism. In 1887, an internship program for Harvard Medical School was approved. In 1894 the educational aspect of the hospital was also expanded in the area of nursing. In 1900, the name of the institution was changed from the Tewksbury Almshouse to Tewksbury State Hospital, and additional wards were added for medical and surgical services. At that time, patients suffering from a small pox and typhoid fever were also treated by the hospital. In 1909, the hospital name was changed from Tewksbury State Hospital to the Massachusetts State Infirmity, and in 1938, the name was changed again to Tewksbury State Hospital and Infirmity. In 1959, the administration was transferred from the Department of Public Welfare to the Department of Public Health, and again the name was changed to the present day name of Tewksbury Hospital. Two new wings with several hundred new beds were added to the hospital in 1973. In 1976, the main hospital building was designated the Thomas J. Saunders building in honor of the eponymous hospital administrator. Department of Public Health and Department of Mental Health patients receive medical, psychiatric and psychological treatment within the Thomas J. Saunders building. In December of 2009, the campus became tobacco-free.

DPH Medical Units

The Department of Public Health medical units of Tewksbury Hospital serve patients with a varied and complex array of medical illnesses. Units vary in terms of the physical health and medical diagnoses of the patient populations they serve. One unit is designated to provide medical care and long-term rehabilitation to patients with traumatic brain injury. Another specialized unit consists of Huntington's disease patients who are in middle and advanced stages of the disease. These patients receive extended care for cognitive, movement and mood disorders. Other medical units at Tewksbury Hospital serve patients with various other medical

conditions including multiple sclerosis, medical and neurological conditions related to alcohol and drug abuse, HIV/AIDS, diabetes, stroke, dementia, cardiac disorders, and other acute and chronic diseases. The hospital serves adult patients age 19 and over. Many of the patients are wheelchair dependent.

DMH Psychiatric Units

The Department of Mental Health units are called the Hathorne Mental Health Units. These units opened on June 22, 1992 after the closure of Danvers State Hospital, and serve the North East Area (e.g., North Shore and Merrimack Valley areas) of the Massachusetts Department of Mental Health (see www.mass.gov/dmh). The Hathorne Units admit male and female patients age 19 and over who are referred either: a) after short acute hospitalization (generally up to 30 days) at community-based private hospital admissions units; or b) upon order of the Courts for forensic evaluation or as a “step-down” from other state forensic units. The patient population is quite varied and includes patients with complex medical/psychiatric illnesses, patients with difficult differential diagnostic questions (such as depression vs. dementia), patients with episodic and persistent mental illnesses who require periodic acute and intermediate psychiatric care, and individuals with active forensic issues. Common psychiatric diagnoses include schizophrenia, schizoaffective disorder, bipolar disorder, major depression, personality disorders, severe alcohol or drug abuse or dependency, and dementias at varying degrees of symptomatic severity. Patients who are initially admitted pursuant to a civil commitment must meet the criteria of substantial likelihood of imminent serious harm to self or others by reason of mental illness, or inability to care for self by reason of mental illness. Patients sent by the courts are admitted for the purpose of evaluation of competency to stand trial, criminal responsibility, aid to sentencing, or observation and examination.

The socioeconomic and cultural composition of the patients on the medical and Hathorne Mental Health Units is diverse. This reflects the fact that the region surrounding the hospital spans old industrial centers, seaports, and suburban communities, with immigrant population centers of Spanish, Portuguese, Cambodian, Vietnamese, Polish, Italian, German, and Irish descent, as well as Jewish and African-American enclaves. The interns play a critical role in providing psychological services to this patient population. Patients on the medical units are served by a multidisciplinary treatment team, including a psychiatrist, psychologist, social worker, nurse, and rehabilitation staff. Weekly mental health rounds occur on several medical units, which provide the respective treatment teams with opportunities to formulate diagnoses, develop treatment plans, monitor patient progress, and discuss discharge planning. Daily Rounds and weekly treatment team meetings occur on the Hathorne Mental Health Units and are comprised of a similar professional mix. Interns on both DPH and DMH units act as consultants to the Treatment Teams by providing assessment information, diagnostic formulations, and treatment interventions. In addition to on-unit treatment, which includes individual and group therapy, DPH patients may be referred to occupational therapy, physical therapy, expressive therapy, recreational therapy, and pastoral counseling. DMH patients may be referred to an off-unit Social Club, recreational facilities, or to the on-campus Rehabilitation Center, which houses day programs, vocational and prevocational services, music and art therapy, recreational therapy, occupational therapy, and pastoral counseling. As individuals work toward community re-entry, some participate in off-grounds programming in psychosocial clubhouses and work programs

and other treatment programs (e.g., AA). The DMH treatment programs embrace the recovery model which emphasizes person-centered planning.

CORE TRAINING

All interns participate in a Core Curriculum which is comprised of both clinical and didactic experiences. The full-year program in psychotherapy and assessment is designed to achieve the following specific training objectives:

To become adept at diagnostic evaluation.

To develop a full repertoire of psychodiagnostic assessment capabilities, including the selection of appropriate tests and batteries; the administration, scoring, and interpretation of a wide range of tests; and the formulation of treatment and recovery recommendations for use by multidisciplinary users and referral sources and the patient and their family.

To enhance and hone psychotherapeutic skills by providing individual and group therapy across a range of diagnostic categories and patient issues.

To understand and become comfortable with professional dynamics and roles within a multidisciplinary treatment team.

The internship addresses these objectives by providing the following education and training experiences:

Psychotherapy

Comprehensive psychotherapy training is a major component of the curriculum. Interns provide extensive individual and group therapy on the DPH medical units and/or the DMH units during their year of training. Individual therapy cases range from brief (6-12 week) interventions for short-term or intermediate-term patients, to therapeutic relationships which may extend for the entire internship year. A full-time case load generally consists of eight to ten individual therapy clients and two on-unit groups. Each intern has two clinical supervisors for psychotherapy to ensure that the intern is exposed to a diversity of therapeutic orientations. In addition, the intern receives informal feedback and guidance from other members of the multidisciplinary treatment team.

A related area of emphasis in the internship program includes psycho-diagnostic interviewing and clinical consultation. Each intern is assigned to two treatment teams. The intern also provides consultative input on diagnosis, treatment and behavior support plans, treatment/recovery goal development, privilege status, assessment needs at the weekly DPH Mental Health Rounds and/or the DMH Treatment Team meetings. Training and supervision in these skill areas are provided to all interns.

Assessment

The other core activity of interns is gaining advanced and intensive training in psychological and neuropsychological assessment. Over 100 testing instruments, including computerized scoring

software, are available. From the start of the year, interns perform psychological and neuropsychological assessments. Accordingly, a prerequisite for admission to the internship program is formal training in the administration, scoring and interpretation of the Wechsler Adult Intelligence Scale-IV, Wechsler Memory Scale-IV, California Verbal Learning Test-II, Delis-Kaplan Executive Function System, Rey-Osterrieth Complex Figure, MMPI-2/RF, Personality Assessment Inventory, and other commonly used cognitive and personality tests of a full diagnostic battery.

All interns have the opportunity to provide full and selective psychological and neuropsychological assessments for patients. As such, the intern will play a critical role in educating the multidisciplinary team members about the usefulness of psychological and neuropsychological assessment in the evaluation and treatment of patients. Interns generally perform a minimum of two psychological and/or neuropsychological evaluations per month, depending on patient needs and requests of the treatment teams. Intensive supervision of these assessment activities is provided by the psychology staff.

CORE CURRICULUM

INDIVIDUAL SUPERVISION (2 hours weekly)

Interns receive intensive supervision for all of their clinical work, at a ratio that exceeds a rate of 1 hour of supervision per 16 hours of clinical service. Supervisory staff includes all staff members of the Psychology Services. Supervisors are all licensed and highly experienced in the areas in which they provide supervision.

GROUP SUPERVISION (1 hour weekly)

Group supervision is provided by the Training Director and focuses on interns' experiences within the training program. Group supervision also provides an opportunity for interns to develop group cohesion and learn from each other by discussing and examining individual as well as common experiences in the training program.

NEUROPSYCHOLOGY GROUP SUPERVISION (1 hour weekly)

Neuropsychology group supervision focuses on all aspects of conducting neuropsychological assessments including test selection, administration, scoring, data analysis and interpretation, report writing and case presentation.

PROFESSIONAL DEVELOPMENT SEMINAR (1 hour weekly)

This didactic seminar serves several functions. It provides a format for the presentation and discussion of numerous professional issues such as ethics, confidentiality laws, and transition to practice, as well as the presentation of speakers from within the hospital and the greater Boston area who are involved in psychological practice and research.

NEUROPSYCHOLOGY ROUNDS (12:00-1:00 PM, Wednesday)

Neuropsychological clinical case presentation with Dr. Paul Spiers, Neuropsychologist at Boston University Medical Center.

PSYCHOLOGY PREDOCTORAL INTERN SCHEDULE
(Based on 40 hour week)

Activity	Hours
Individual Psychotherapy	10
Group Psychotherapy	2
Assessment	
Administration	6
Write-Up	4
Supervision	
Individual	2
Group	1
Neuropsychology Group Supervision	1
Didactics	
Professional Seminar	1
Neuropsychology Rounds	1
Treatment Team Meetings	4
Administrative Activities	8
Total	40

GENERAL INFORMATION

PROGRAM REQUIREMENTS

Each intern must complete a total of 2000 hours within the context of the one year internship program. Interns are responsible for making up any hours taken for personal reasons above and beyond the 10 days allotted for vacation time in order to meet this 2000 hour requirement.

VACATION TIME

Each intern may utilize a total of 10 approved vacation days per year. Holidays on the Hospital Staff Calendar must be observed on an unpaid basis by each intern, unless otherwise authorized by the Director of Psychology Training.

HOSPITAL PROGRAMS AND FACILITIES

Various programs and facilities are available to interns:

- Cafeteria and Canteen on the basement floor of the Saunders Medical Building
- Coffee Shop in the Rehabilitation Center complex operated by patients and rehab staff
- Staff medical library
- Tew-Fit Gym (Staff fitness center)
- T.H.E. FARM (Tewksbury Hospital Equestrian FARM)

CONTINUING EDUCATION

The Tewksbury Hospital, Department of Psychiatry, Psychology Service, is approved by the American Psychological Association to offer continuing education for psychologists.

LOCATION

Tewksbury Hospital is 19 miles north of Boston, convenient to Routes 3, 93 and 495.

For application please see AAPI and APPIC website. "This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant".

APPLICATION DEADLINE: November 5, 2012

Director of Psychology Training:

Tanya Pospisil, Ph.D.
Tewksbury Hospital
365 East Street
Tewksbury, MA 01876
Telephone: 978-851-7321, ext. 2233
FAX: 978-858-3795
E-mail: Tanya.Pospisil@state.ma.us

TRAINING FACULTY & SUPERVISORS

Bette L. Ippolito, Ph.D.*

Boston College, Graduate School of Arts and Sciences, Developmental and Educational Psychology, 1985

Supervising Psychologist

Interests: Health Psychology, pain, trauma, palliative care, developmental issues, individual and group therapy, benefits of humor therapy

Orientation: Humanistic/Existential

Anthony J. Giuliano, Ph.D.*

University of Rhode Island, Clinical Psychology, 1993

Supervising Psychologist

Interests: Clinical neuropsychology of schizophrenia, bipolar disorder, and acquired brain injury; cognitive rehabilitation/remediation; family psychoeducation.

Research: Neuropsychology of serious mental illness and their risk states; treatments for cognitive deficits.

Orientation: Biopsychosocial, interpersonal, cognitive-behavioral.

David Greenleaf, Ph.D.*

Syracuse University, Clinical Psychology, 1985

Director of Psychology,

Department of Mental Health Division

Supervising Psychologist

Interests: Risk assessment, dialectical-behavior therapy, program administration.
Orientation: Cognitive-behavioral, psychodynamic.

Thomas Martin, Ph.D., M.B.A.*

Temple University, Counseling Psychology, 1976

Supervising Psychologist

Certified Addictions Specialist

Interests: Psychological and neuropsychological assessment, Individual, group, and family therapy, cognitive- behavioral therapy, management theory and organizational psychology

Orientation: Eclectic

Tanya Pospisil, Ph.D.*

Nova Southeastern University, Clinical Psychology, 2004

Director of Training

Supervising Psychologist

Interests: Clinical neuropsychology, cognitive rehabilitation, clinical supervision, health psychology, developing behavioral treatment plans

Orientation: Cognitive-behavioral

Paul A. Spiers, Ph.D. *

Clark University, Clinical Psychology, 1989

Supervising Neuropsychologist, Forensic–Clinical–Research Neuropsychology

Assistant Professor of Psychiatry, Behavioral Neurosciences, Boston University School of Medicine.

Interests: Neuropsychology and the Law, Neuropsychological Assessment, Aging and Memory, Traumatic Brain Injury.

Research: Treatment of memory deficits in Alzheimer's or after TBI with Citicoline.

Orientation: Process-oriented approach to assessment and research. Clinical orientation is eclectic and neurobehavioral.

Elina Wayrynen, Ph.D.*

California School of Professional Psychology, Berkeley-Alameda, Clinical Psychology, 1995

Coordinator of Forensic Services

Supervising Psychologist

Designated Forensic Psychologist

Interests: Forensic Psychology, violence risk assessment, malingering, equine facilitated mental health

Orientation: Cognitive-Behavioral.

Jennifer M. Smith, Ph.D.*

Northeastern University, Counseling Psychology, 2010

Supervising Psychologist

Interests: Clinical neuropsychology, health psychology, individual psychotherapy and group psychotherapy

Orientation: Integrative

* Massachusetts Licensed Psychologist-Health Service Provider

APPLICATION PROCESS

Procedure:

- Applications will be submitted through the APPIC Application for Psychology Internship Match process. The AAPI online link is on the APPIC website (www.appic.org). Applicants will submit materials through the AAPI on-line portals, described in the APPIC and National Matching Services materials.
- Application materials are due in November of each year. The application deadline for the 2013-2014 year is November 5th, 2012.

Required Materials:

1. Completed AAPI Online application
2. Curriculum Vitae
3. Transcripts of graduate work
4. Verification of AAPI by your doctoral program (DCT) through the DCT Portal of the AAPI Online system
5. Three letters of recommendation
6. Supplemental: Work sample of a neuropsychological report